

# **World Indoor Rowing Marathon NONSTOP 24 OPENAIR**

## **TERMS OF COMPETITION**

### **Mission**

The mission and idea of the World Indoor Rowing Marathon NONSTOP 24 OPENAIR is a popularization of rowing sports, perfection of sports skills of athletes, identifying of the strongest teams in 24-hour race.

### **Organizers**

C2ROW company  
The Saint-Petersburg Rowing Federation

### **Event Location**

Main Site: Saint-Petersburg, Bolsheokhtinskiy prospect, 4  
Remote Site: depending of the location of remote participant. This is the best way for foreign teams to take part in the event.

### **Participants and terms of participation**

The Marathon starts on 10 of June 2018 at 12:00 (midday, GMT +3).  
The Marathon ends on 11 of June 2018 at 12:00 (midday, GMT +3).  
Only 18+ athletes are allowed to take part in the Rowing Marathon. The event is hosted on Main and Remote Sites and represents a 24-hour nonstop team relay on Concept2 rowing machine (Models C, D and E are allowed). Each team has only one indoor rower and should find the best race strategy to become first.

### **Team Formation**

There are two categories of participation:  
IRON TEAM – among teams of two women and four men  
CLUB TEAM – among teams of athletes that represent local sports club or organizations.  
We do not limit the number of athletes in CLUB TEAM.

### **How to register**

Choose you category on the website [https://c2row.ru/nonstop\\_eng](https://c2row.ru/nonstop_eng) and fill out the registration form before 8 of June 23:59 (GMT +3). You will receive the confirmation of successful registration within 24 hours if you fill out the form correctly.

### **Substitutions**

In the event of an injury, illness or other circumstances not permitting one or several team members starting in the category IRON TEAM, take part in Rowing Marathon, the team has the right to replace any member not later than 24 hours before the start of the race.

### **Marathon Procedures at Remote Sites**

The Rowing Marathon Organizing Committee provides video connection of the Main Site through the Skype service with all Remote Sites that have technical capability for a sustainable Internet connection. Such teams must inform the Organizing Committee

about the contact details of their Skype account not later than 24 hours before the start of the Rowing Marathon by e-mail: [24@c2row.ru](mailto:24@c2row.ru)

### **Risks and responsibilities**

Before the start, each participant should be aware of all the risks associated with prolonged physical exertion, and not have medical or other contraindications to participate in the Rowing Marathon. The organizers of the Rowing Marathon provide medical support to the participants starting at the Main site. Teams participating in the Rowing Marathon at Remote Sites must provide medical support for the event themselves. Members of the Rowing Marathon on both Main and Remote Grounds take part in the race completely at their own risk. The organizers of the Rowing Marathon do not assume responsibility for damage to the health, life or property of the participants, which occurred in connection with the Rowing Marathon or before or after it.

### **Results and awarding of participants**

The results shown by the teams performing at Remote Sites in the categories IRON TEAM and CLUB TEAM are fixed based on a photo or video recording with a demonstration of the screen of the monitor before the start and after the finish of the Rowing Marathon. The final screen of the monitor should be demonstrated from the MEMORY menu, which displays full information about the race parameters. The time and date of the monitor should correspond to the actual time and date of the race. All participants of IRON TEAM and CLUB TEAM categories at Remote Sites are awarded with certificates that confirm that the team successfully overcame the 24-hour race.